



# In-home care, is it the right choice for you?

Now, more than ever, the term *“There’s no place like home.”* has a special meaning for us all. For most of us, home is where we are most at ease, most comfortable and safest. It is where we belong, where we have memories, and where we want to come to at the end of each day. However, no matter how much we desire to be home, if you’re an individual with declining health and personal care needs, home can be an unsafe place. Whether it’s driving, safe meal preparation and light housekeeping, personal care, loneliness or fear. The ever-increasing needs for aging individuals can take a toll on them, as well as the family. The good news is that there are many good and safe options, such as: moving in with a family member, nursing home, assisted living or in-home private care. But which one is the best option? The answer to this question will vary greatly depending on the needs of the individual, medical recommendation and their finances. In this issue we will go over what in-home private care offers, who pays for it and help you decide if in-home care is the right choice for you or your patient.

## What does in-home private care offer?

Private in-home care offers individuals the comfort of care at home with peace of mind of being safe and taken care of. It can be a short-term, part of a transitional plan, or a long-term plan. In-home care will grow along with the needs of the individual; it can begin with as a little as a few hours a week up-to 24 hours a day. It can be “as needed” to accommodate families’ schedules, or it could be consistent with a permanent schedule. It can be used to supplement skilled home health care in the home or in an assisted living community. In-home private care is flexible and can be tailored to meet the individual’s needs. Some of the services offered by most private in-home care agencies are: [Hygiene assistance, light housekeeping, medication monitoring, companionship, Alzheimer and Dementia care, transportation, pet assistance, meal preparation, appointments, errands, among more.](#)

## Who pays for in-home private care?

In-home private care is not covered by Medicare or private insurance. In some cases, Medicaid will help cover some of these services as long as certain criteria is met. Long-term care insurance will often reimburse for in-home private care, but most often, in-home care is a private pay service. Before making the decision of whether in-home private care is right for you or your patient, consider these points:

1. What are the care needs?
2. How often is the care needed?
3. What is the budget?
4. Does the budget allow you to have the amount and frequency of care needed?

ACC Adult Home Care can help in the decision making.

Give us a call for a FREE consultation!

## What our clients are saying!

“Our caregiver, Pam, is a perfect fit for us. She knows what to do before she’s asked, always cheerful, eager to do whatever needs to be done. She manages to stay calm and efficient no matter what is happening. We are very pleased to have her with us every week. So, thank you Pam.”

~ Barb & Tom

