



We all know that the pandemic has made all of our lives more challenging, but did you know it has been especially more difficult for family members caring for an aging or disabled loved ones?

A recent survey by the Rosalyn Carter Institute for Caregiving revealed that 83% of caregivers are experiencing an increased level of stress due to the Covid-19 pandemic. Knowing that Covid-19 can be fatal to the aging and disabled population, caregivers have had to take extreme precautions to protect their loved ones and are more isolated than ever, causing them to be lonelier than ever.

This month, let's make an extra effort to support and help them in any way we can. Maybe that means dropping off groceries, doing an errand run for them, a phone call or even offering to care for their loved one while they take a much-needed break.

ACC Adult Home Care is also here to help! Our caregivers have excelled during this pandemic. We can help with caring for aging or disabled loved ones in the home, while providing their caregivers time for themselves. We can provide a FREE consultation and begin services when needed.

Source: www.dailycaring.com

## What our clients are saying

"We are very happy with the service, scheduling and professionalism ACC has provided us." ~ Chris

## **Employee Highlight**



## Shea Caregiver

Shea has been with ACC since 2020. She is in OTA school and enjoys cooking and reading. She was awarded the Employee of the month award for February, 2021 for going above and beyond with her care for our clients.

